VANCOUVER
metro®
Monday, November 22, 2010
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40% of Canadians can't bear to read their wireless bill.

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(See inside)

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Wireless Bill

Wireless

Wireless Services for 555-555-5555

MR. A. NONYMOUS

Regular charges

Ending	Aug 12	Wireless usage	$176.26
	Aug 13 - Sept 12	Monthly Plan $35	$35.00
		Call Features Bundle	$12.00
		9-1-1 Emergency Access Fee	$0.75
		System Access Fee	$6.95
		Total before taxes:	$230.24
		HST	$29.93
		Total for Wireless:	$260.17

Wireless usage summary ending Aug 12/10

Type of usage	Usage Description	You used	Unit of Measure	Total cost ($)
Voice	1000 Eve/Weekend	8.00	Min:Sec	0.00
Voice	100 Weekday Minutes	100.00	Min:Sec	0.00
Voice	Airtime Charges			$35.35
Voice	Long Distance			$67.92
Data	Data and Other Charges			$72.99
			Total wireless usage:	$176.26

DATA GUIDE ?
1 MB = 1024 kb
1 GB = 1048576 kb
1 GB = 1024 mb

911

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TOTAL AMOUNT

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ADDITIONAL USAGE

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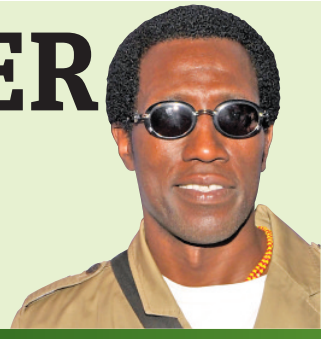
'I DON'T THINK I'M GOING ANY PLACE YET' CHER'S STILL GOT IT {page 11}

SLAMMER

WESLEY SNIPES HEADED FOR PRISON {page 12}



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Monday, November 22, 2010
www.metronews.ca
News worth sharing.

Grind. Grouse

▶ A snowboarder enjoys fresh snow at Grouse Mountain yesterday.

JENNIFER GAUTHIER/FOR METRO

Time to hit the slopes

Skiers and snowboarders flocked to the North Shore mountains this weekend as two ski hills opened for business. The cold snap is expected to continue until about mid-week, prompting the city to open its cold-weather shelters. Story, page 3.

HST recall begins today in Victoria

Application for recall campaign will be presented to Elections B.C. today Once approved, canvassers have 60 days to sign up 40 per cent of eligible voters in riding

JEFF HODSON
@METRONEWS.CA

Former premier Bill Vander Zalm says he's surprised that his quest to extinguish the province's harmonized sales tax has gone as far as launching recall campaigns against Liberal MLAs.

The first attempt begins today when canvassers in Victoria launch a recall against Oak Bay-Gordon Head MLA Ida Chong.

"If we're successful in recalling the first minister, that will scare the pants off them," the former Socred premier said yesterday. "But if that doesn't work, we'll keep going ... until the HST is gone or the government is gone."

In September of next year, B.C. will hold a provincewide initiative vote on whether to axe the unpopular tax and Premier Gordon Campbell has said that he will respect the will of the majority.

"All we have is a promise from a premier — who will no longer be premier when the promised initiative vote is to take place. We basically have nothing," Vander Zalm said.

The timing of the vote, he added, means that there will be "too much game playing, too much false information, too much advertising at the public's expense."

The recall campaign aims to pressure cabinet into scrapping the HST or calling a referendum vote in January or February.

Old teammate burns Vancouver

Pyatt scores twice to lead Coyotes to 3-2 win over Canucks {page 19}

Polygamy under review

B.C. court to determine whether laws violate right to freedom of religion {page 5}

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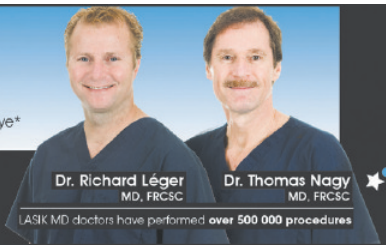
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Shelters open extra beds as temperatures plummet

Homeless shelters in Vancouver are making room for extra overnight guests as winter's first cold snap hit the city over the weekend.

The Union Gospel Mission has increased shelter staff and is ready to use hallways or classrooms to house people, said senior Chaplain Bruce Curtiss.

"We've already exceeded our usual shelter limit of 37 guests every day this last week, with 45 on most days," Curtiss said. "Our goal is to not turn anyone away."

Curtiss said the mission is also distributing emergency kits with waterproof blankets, toques, socks and mitts to people who refuse to come inside as the temperature dips below zero. "This ... survival kit may mean the difference between life and death for the most entrenched homeless," he said. Meanwhile, the province has made available 312 extra shelter spaces in Vancouver and North Vancouver when extreme weather alerts are activated.

Rich Coleman, minister of housing, said it's up to communities to decide what conditions warrant an extreme-weather alert.

Vancouver and North Vancouver have 703 year-round shelter beds plus 340 temporary HEAT shelter beds. Most permanent shelters are now open day and night. KRISTEN THOMPSON

10,000 socks

- Vancouverites are invited to donate $2 toward a pair of red socks for The Salvation Army to distribute to needy people in the community.
- The goal is to donate 10,000 socks.

JENNIFER GAUTHIER/FOR METRO

▶ Kristina Gorbatkova lands in powder while snowboarding at Grouse Mountain yesterday.

Ski hills open for season

- Grouse opened for business Friday, followed by Cypress on Saturday
- Mount Seymour will announce today when it will open

JENNIFER GAUTHIER
VANCOUVER@METRONEWS.CA

The wait is over for skiers who flocked to local mountains as ski hills opened for the season this weekend.

Sam Patten of Gibsons, who was at Grouse Mountain yesterday, said the conditions were good.

"It's pretty icy, but there's some powder. It's really good for a first weekend."

Peter Foter of Australia said he has been waiting all year for the snow to arrive.

"The winter is going to be awesome," Foter said. "I want to see the view of the city when the sky clears up. It's like worship to see that view."

Chris Ryan spent the day snowshoeing at Grouse.

"I've been waiting for the snow, I bought my pass in July."

Another Australian, Jennifer Hatfield, spent the day snowshoeing with friend Kristine Lat of Vancouver on the one-kilometre Grouse-loop track.

"It's absolutely stunning, I've never seen anything like it" said Hatfield, a first-time snowshoer. "I'm excited for my first winter in the country."

The week ahead

- Environment Canada's short-term forecast is predicting sunny skies with sub-zero temperatures for the first half of the week.
- Toward the end of the week temperatures will rise, with rain expected.

Bomb destroys Jeep in Squamish neighbourhood

In what appears to be a botched hit attempt, a parked Jeep in a suburban Squamish neighbourhood was destroyed on Saturday night by an improvised explosive device, Mounties said.

The detonation, which occurred just before midnight, completely destroyed the vehicle but failed to injure anyone, local RCMP report.

No other explosive materials were found in the vicinity, though at least one nearby home was evacuated out of safety concerns.

In a press release, Cpl. Dave Ritchie said that the destroyed vehicle's owner was "known to police" and is believed to be the intended victim of the attack.

Homemade improvised explosive devices have gained infamy as a weapon used by militants in Afghanistan and Iraq, due to their ability to penetrate the hulls of heavily armoured vehicles.

J.J. MCCULLOUGH

News in brief

B.C. woman accused of faking cancer

LANGFORD. A Vancouver Island mother is accused of faking cancer to defraud her family and friends of about $325,000, CTV reports. Tina Sammons of Langford allegedly told family and friends she had cancer and took money for "experimental drugs." METRO

Seaforth mace recovered

FIND. A historical mace that was in a car stolen in New Westminster has been found, along with the vehicle. It will be returned to the Seaforth Highlanders.

Two stabbed during party

VANCOUVER. Two young men were hospitalized after stabbing each other while play fighting, police say. KRISTEN THOMPSON

1 news

News on the move

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On the web at metronews.ca

Market watchers get a bit of a breather as New York markets wind down ahead of U.S. Thanksgiving. More at metronews.ca

Follow us on Twitter @vancouvermetro

German paper rejects claims reporters covering Iran stoning case are spies. Scan code for story.

News in brief

Memorial for blast victim

A memorial will be held today for Malcolm Johnson, a 33-year-old Nanaimo man, who was among five Canadians killed in last week's explosion at a resort in Mexico. METRO

Hit-and-run in Surrey

Two men were stabbed during a brawl outside a Surrey bar when a group of five men attacked a group of three men and two women. Three of the attackers got into a vehicle and drove through the parking lot, striking one of the injured men. METRO

Disabled woman suing police

A disabled woman is suing a Vancouver Police officer and the city for $25,000 after she was pushed to the ground by an on-duty officer.

Scott Bernstein, a lawyer representing Sandy Davidsen, said his client is seeking compensation for injury and humiliation, as well as punitive damages.

"This was really high-handed and very inconsiderate behaviour on the part of the police," Bernstein said, adding he has filed a civil suit and a human-rights complaint.

"This really affected (Davidsen) emotionally (and) has made her afraid of the police.

Davidsen, who has cerebral palsy and multiple sclerosis, was walking along a Downtown Eastside street when Const. Taylor Robinson shoved her to the ground this past summer.

The incident was caught on video.

B.C. CIVIL LIBERTIES ASSOCIATION

▶ Video still.

Const. Robinson apologized, but Davidsen called it "half-hearted."

Vancouver Const. Lindsey Houghton said he can't comment on the case now that it's before the courts. KRISTEN THOMPSON

KIMIYA SHOKOOHI/FOR METRO

▶ A green foot participant turns his umbrella green yesterday at David Lam Park.

Leaving your eco footprint

Green foot art displays run worldwide from Nov. 20-28

Vancouverites put a giant green foot forward yesterday to create an eco-conscious public art exhibit visible from space.

About 100 people dressed in green stood under matching umbrellas, forming a large footprint at David Lam Park.

"It's an issue that's not going to go away," event organizer Jaspal Marwah said. "It's going to require a concerted and sustained effort on everybody's behalf."

20

Vancouver is among 20 international cities collectively forming the public art installation for a global push on climate change.

The United Nations meets today in Mexico to work on an international climate treaty. The green-foot displays will continue in cities worldwide until Nov. 28.

"Sadly, it's a non-partisan issue but it's treated as a partisan issue," Marwah said. "Caring about climate change and giving some attention to it will bridge that partisan divide."

The international art project, entitled eARTh, was spearheaded by 350, a climate-crisis campaign group. The project is the first of its kind. KIMIYA SHOKOOHI

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Driver hits three police cars, man

A Vancouver man suffered mild injuries Saturday night after an alleged drunk driver struck him just before causing a four-car pileup.

The driver, a 36-year-old PoCo resident, hit the 60-year-old pedestrian just outside the Vancouver Police Department's Main Street station, before proceeding to collide with a line of three parked police cars, one of which contained an on-duty officer. J.J. MCCULLOUGH

Vote keeps James afloat

Battle-weary B.C. New Democrat Leader Carole James has survived a crucial vote over the question of her leadership.

Delegates at the party's provincial council meeting have rejected a plan to hold a leadership convention next year, 97 votes to 18.

The vote came after James pleaded with party members to stop fighting with each other and start working together to form the next government.

At least four NDP constituencies are openly questioning James's leadership, and she admitted that as many as 13 members of her caucus are unhappy with the way she governs their party. THE CANADIAN PRESS

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Do polygamy laws violate freedom?

B.C. court to review laws Bountiful case raised religious freedom questions

A B.C. court will start examining today whether Canada's polygamy laws are constitutional.

B.C. Supreme Court will hear a case that began in an obscure fundamentalist Mormon community in the province's southeast corner.

The provincial government asked the court to decide if the laws that prohibit polygamy violate the right to freedom of religion.

Last year, prosecutors in B.C. charged two leaders in Bountiful, B.C., with one count each of practising polygamy, but the charges were later thrown out.

The court is preparing to hear from more than two dozen witnesses, including former residents of Bountiful. THE CANADIAN PRESS

Ripple effect

It's a case that observers say is destined to make its way to the Supreme Court of Canada.

- Vancouver-based constitutional lawyer Ronald Skolrood, who isn't connected to the case, says the outcome could have far-reaching effects on Canada's marriage laws and will likely be appealed to the Supreme Court of Canada.
- The provincial and federal governments argue polygamy harms women and children, and men don't have a constitutional right to marry multiple wives.

New Zealand. Trapped miners

▶ Grieving family members leave after another briefing from Pike River Coal management on the 29 miners and contractors trapped underground at their Pike mine in Greymouth, New Zealand, yesterday.

ROSS SETFORD/NZPA/THE ASSOCIATED PRESS

The face of uncertainty

Underground combustion that continues to generate dangerous gases was preventing rescuers from entering a New Zealand coal mine yesterday where a powerful blast trapped 29 workers nearly two days ago. Two men emerged after the explosion Friday, but there has been no word from the 29 others.

Condom assertion not 'revolutionary': Church

The Vatican yesterday cautioned there is nothing "revolutionary" in Pope Benedict XVI's startling assertion that condom use in exceptional circumstances can be a responsible act in the fight against HIV.

The Holy See spokesman, the Rev. Federico Lombardi, stressed that the comment in a book being published tomorrow neither "reforms or changes" church teaching, which forbids use of condoms and other contraceptives. THE ASSOCIATED PRESS

"The Pope isn't reforming or changing the teaching of the church, but reaffirming it, putting it in the context of the value and the dignity of human sexuality as expression of love and responsibility."
VATICAN SPOKESMAN
REV. FEDERICO LOMBARDI

4 dead in driving-ban defiance

Saudi police say a woman in her 20s defying a driving ban died along with three female friends when her car overturned.

Officials said the woman was driving her vehicle carrying 10 of her female friends on Saturday night in an open area often used by young men in car races in the capital city of Riyadh. THE ASSOCIATED PRESS

Saudi Arabia

- Saudi Arabia follows a strict interpretation of Islam. Sexes are segregated in schools and public places. Women are not allowed to drive or vote.

Mexican hotel closed to aid blast probe

A hotel on Mexico's Caribbean coast where an explosion killed five Canadians and two Mexicans a week ago has been closed to aid the investigation amid suspicions of a possible failure in a gas system, authorities said Saturday.

Officials ordered the 676-room Grand Riviera Princess hotel in Playa del Carmen, south of Cancun, totally shut down for at least a week. An adjoining hotel will also be closed.

"The purpose of the closure is to thoroughly review all the gas hydraulic structures that may have been a cause of the explosion," said Quintana Roo Gov. Felix Gonzalez Canto.

Authorities initially said swamp gases produced by rotting vegetable matter trapped beneath the hotel might have triggered last Sunday's blast, and later suggested an accumulation of sewage gases may have contributed.

Gonzalez Canto said the investigation had produced new evidence of a possible combination of methane and liquefied petroleum gas.

"There is the possibility of both cases being in the area. A (liquefied petroleum gas) line supplies the pool's heating and there is the sewage; the investigation will show which was the cause, if it was one, the other or both," the governor said.

The governor didn't say how many tourists were affected by the closure of the Grand Riviera Princess but local reports said about 450 guests were moved to different hotels on Saturday. THE ASSOCIATED PRESS

Possible lead

On Tuesday, investigators said they discovered a ruptured sewer line about 10 metres from the area where the blast erupted under the floor of a lounge area.

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HOME SCHOOLING IT'S CATCHING ON
PROS AND CONS IS IT WORTH IT? (page 30)

metro

Fantastic new species discovered

Scientists buzzing about research potential of shape-shifting marvel The creature is not yet available to the media

A team of American and Ecuadorian researchers made an accidental discovery of a stunning new species during a routine climate study in Ecuador's highland forests.

The still unnamed amphibian boasts spectacular blue skin that would look more at home in a science-fiction movie than a biology textbook, but it's the creature's shape-shifting properties that has the scientific community excited.

According to reports, the animal is capable of contorting and expanding it's body to take on dramatically different forms, returning to it's original shape at will.

Scientists are predicting that the animal's genetic makeup will lead to exciting breakthroughs in a multitude of fields ranging from cancer treatment to materials engineering.

Working hard

Dr. Joan Elsalves, a researcher contracted by Ecuador's Federal Weather Bureau, was collecting materials for a campfire when she noticed the 22-inch creature dart between bushes.

The researchers stumbled on the bug-eyed critter while setting up camp after a long hike into a highly remote area of Ecuador—perhaps the most biologically diverse country in the world and home to volcanoes, Amazon forests and the Andes Mountains. The Ecuador's Federal Weather Bureau, was collecting materials for a campfire when she noticed the 22-inch creature dart between bushes. Enthralled by it's bright blue skin, she decided to chase and eventually capture the animal. She realised she had found something unusual.

Honey bees on

your hair

News worth sharing.

Statue. Poland

▶ Roman Catholic faithful attend the consecration of a giant statue of Jesus Christ in Swiebodzin, Poland.

PAWEL KALINOWSKI/THE ASSOCIATED PRESS

Heavenly figure divides Poles

Local businesspeople in Swiebodzin, Poland, hope a monument, dubbed Christ the King, will attract tourists and pilgrims and give the area an economic boost. But some Poles accuse the priest who created it of megalomania and say its grandiosity violates Jesus Christ's spirit of humility.

Good news now, bad news later?

Dipping interest rates point to an economy on temporary life support

Canadians could be enjoying historically low interest rates on loans for cars and homes for quite a long time, economists believe.

Since June, the Bank of Canada has been attempting to "normalize" interest rates, hiking its policy rate by one point.

But recent developments in the global economy — and to a lesser extent in Canada — have not been positive or supportive of monetary tightening, regardless of what central bankers want.

The slowing global recovery and the re-emergence of the European debt crisis has caused the TD Bank to revise its outlook on when Bank of Canada governor Mark Carney can safely resume pushing the policy rate, now at one per cent, back to the three to 3.5 per cent range analysts believe is ideal.

In a note released Friday, TD says Carney is unlikely to start hiking rates until at least next July.

THE CANADIAN PRESS

Market moment

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Gold contracts $1,352.30 (-0.70¢)

Bail us out: Ireland

After weeks of denying it needed a bailout, Ireland, yesterday became the second European country to ask for a multibillion-euro emergency loan to help stabilize its debt-ridden banks. THE ASSOCIATED PRESS

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Airline denies Canadian job losses claim

- U.A.E. wanted more landing rights for airlines
- Cancelled rent-free lease on Afghan mission camp

U.A.E.'s flagship airline wants to "set the record straight" after the federal government argued that tens of thousands of Canadian jobs were at risk if it granted more landing rights to airlines from the Middle-Eastern country.

Dubai-based Emirates is rejecting the claim that Government House leader John Baird made twice in the House of Commons on Friday.

The dispute over landing rights has since escalated into a financial, diplomatic and military headache for the government that eventually resulted in the Persian Gulf coast country refusing to renew the lease of a critical Canadian military staging base near Dubai.

The Canadian Forces had been using Camp Mirage rent-free for the past nine years to get troops and equipment into Afghanistan.

THE CANADIAN PRESS

London. Olympics

▶ Construction workers add panelling to the exterior of the velodrome at the Olympic Park in Stratford, London. The velodrome was visited by IOC Coordination Commission chairman Denis Oswald over the weekend, as work was completed on the timber cycling track, keeping the velodrome on target to be the first Olympic Park venue to be completed early in 2011.

REBECCA NADEN/THE ASSOCIATED PRESS

2011 London Games still on track

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IT'S TOON TIME AGAIN IN TOONTOWN

Urban Compass

PAUL SULLIVAN

Remember that movie Who Framed Roger Rabbit?, where real people and cartoon characters live side by side in Toontown?

After the last week in B.C. politics, don't you feel we're all trapped in Toontown? Consider the evidence. There's Gordon Campbell, the premier, who stands accused of being an enormous bully whose temper tantrums are so extreme his own cabinet ministers have to wipe the spittle off their faces when he's done.

Sounds a little like Warner Brothers' legendary cartoon hothead Yosemite Sam.

Then there's his accuser, former cabinet minister Bill Bennett. Yosemite Sam would have a choice word for Bennett, who has wreaked terrible havoc among the Liberals. That word would be "varmint," specifically that whirling dervish of destruction, The Tasmanian Devil.

Then there's poor Carole James, the NDP leader, who has been set upon by her own unruly MLAs for being bland and boring. Sounds like Marge from The Simpsons. Marge is long-suffering. But when her shiftless husband Homer goes too far, Marge runs out of patience and snaps. Kind of like Carole James, who has finally found an issue that gets her fired up: Her job.

"Like Judge Doom, who is assisted by a number of Toon weasels, Vander Zalm has his own weasels, er, canvassers."

It wouldn't be Toontown without weird Judge Doom, who chases cartoon characters around and tries to assassinate them by throwing them into a vat of paint thinner called The Dip.

Correct me if I'm wrong, but doesn't that sound like Bill Vander Zalm, the flamboyant former premier who seems intent on randomly chasing Liberals around, trying to get them recalled as punishment for supporting the HST?

Vander Zalm's first candidate for The Dip is poor Ida Chong, the MLA for Oak Bay-Gordon Head, who seems little more than a pawn in Judge Doom's game, which is to get the HST rescinded. By dipping one MLA at a time, he says, "we are giving the government every opportunity to get rid of the tax and move on with the governance of B.C." Until then, one after another gets The Dip.

Like Judge Doom, who is assisted by a number of Toon weasels, Vander Zalm has his own weasels, er, canvassers who aid his manic pursuits.

The rest of us are feeling a little like Daffy Duck, driven quackers by the Loonie Toons who govern our lives here in Toontown. I don't know about you, but I can hardly wait until Porky Pig turns up and signals: Th-that's All Folks, the lights go up, and we get to go home.

Meanwhile, you might as well pass the popcorn.

Cartoon

BOULDER OF SISYPHUS:

MICHAEL DE ADDER

Equality: The tie that binds

Letters & Tweets

We asked: What's the secret to a successful marriage?

TORONTO. Equality (or the closest thing to it) through compromise. Relationships divided on the traditional lines of gender, income or social status will almost always put one partner at a disadvantage. To attain equality, decisions within the marriage should be discussed with an open mind and a willingness to change views.
DION DALEY

TORONTO. The secret is to not judge your partner. Always show you are loyal to them and support them. And, the most common phrase, never go to bed angry. Always solve your issues as they come. Letting them fester can cause frustration and resentment, which will lead to arguments that can cause strain in the relationship. Always being positive around your partner helps both to relax and not let small problems get in the way.
AMANPREET ATWAL

TORONTO. Love, trust, respect. For better or for worse, there's no material equivalence.
FLORDELIZA DE CASTRO

TORONTO. Commitment, honesty and responsibility will lead to a successful marriage. **HALIME CELIK**

Any advice for William and Kate?

JON SUPER/THE ASSOCIATED PRESS

What's on your Christmas wish list?

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Metro Minute with former British MP

Former British MP George Galloway is getting a second chance to voice his concerns on the conflict in Palestine, Afghanistan and free speech.

He speaks tonight at St Andrew's-Wesley United Church at 7:30 p.m. with doors opening at 6:30 p.m.

The left-wing politician is making a Canadian comeback after Minister of Citizenship and Immigration Jason Kenney prevented Galloway from entering Canada 18 months ago.

Kenney had labelled Galloway as a terror supporter and a risk to national security. Galloway and supporters protested the move, saying it was a political attempt to silence criticism of Canadian foreign policy on Afghanistan and Palestine.

METRO

VINCE TALOTTA/TORSTAR NEWS SERVICE FILE

▶ Tickets for George Galloway's talk tonight start at $10 and are available at door or online at georgegalloway invancity.blogspot.com.

SUBMITTED

▶ Cher stars with Christina Aguilera in Burlesque.

Cher back on top

With a successful residency in Vegas and a new album in the works, Cher isn't slowing down New movie, Burlesque, debuts this month

NED EHRBAR
SCENE@METRONEWS.CA

After more than 45 years in the entertainment industry as a singer, actress and cultural icon, Cher has plenty to celebrate.

But is there anything she regrets not doing? "Marlon Brando," she says before bursting out laughing. She explains that she did meet with the legendary actor once. "I regret not... meeting him more," she explains. "It was great. We had the best time. But I was trying to make my marriage work — it didn't work anyway."

After a farewell tour that went on for three years, a successful residency in Las Vegas and a new album in the works for 2011, it's clear Cher isn't going anywhere — especially with her return to the big screen, Burlesque, debuting this month.

"I don't think I'm going any place yet. They're going to have to carry me out feet first."
CHER

As something of an elder stateswoman in the world of pop, Cher has a few opinions about how the cultural landscape has changed. "When Sonny and I first came out, I had a clothing line right away," she says. "But now it's a different thing. You sing one song and you've got a perfume."

While she admits she doesn't see much more film work in her future, Cher enjoyed getting into her character for Burlesque, the owner and headliner of a nightclub on the Sunset Strip in Hollywood, noting that she and her on-screen alter ego have a lot in common.

"She's getting older and so am I. The difference is that she's moving over so that someone else can take her place, and I'm not really ready to do that."

Eternal diva

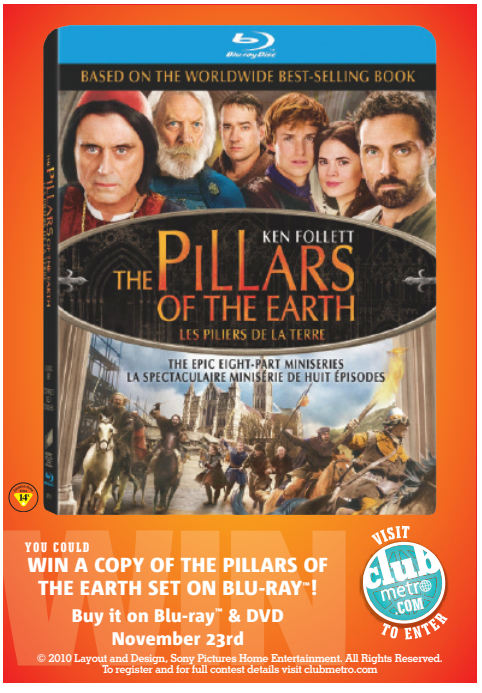
- **Even after** more than four decades in showbiz, Cher is not going anywhere.
- **The American** recording artist and actress says she wished she saw more of another cultural icon, Marlon Brando.

2 scene

Harry Potter

Harry Potter is on the way to his biggest magic act yet. Harry Potter and the Deathly Hallows: Part 1 conjured up $61.2 million domestically in its first day.
THE ASSOCIATED PRESS

Scan this code or visit metronews.ca/scene for complete coverage of last night's American Music Awards.



Lohan gets axed from new movie

The troubled young star will no longer be playing adult film star Linda Lovelace in the film Inferno

The next acting job Lindsay Lohan was relying on has gone away.

Inferno director Matthew Wilder tells E! News that the troubled starlet will no longer be playing adult film star Linda Lovelace in his movie.

"We have stuck by Lindsay very patiently for a long time with a lot of love and support," Wilder says.

"Ultimately, the impossibility of insuring her — and some other issues — have made it impossible for us to go forward."

A rep for Lohan says the decision was "mutual" and that Lohan is "concentrating on her recovery."

Actress Malin Akerman has reportedly already stepped in to take the role, according to Deadline Hollywood.

METRO

ALL PHOTOS: GETTY IMAGES

Brown impresses

During a probation progress report for Chris Brown's assault conviction — from clashing Rihanna in 2009 — the judge was impressed with the singer, saying of Brown, "No one has done a more consistent job than you have."

Brown has 819 hours of community service to complete. METRO

Tony Parker goes on the defence in split with Longoria

After denying allegations of infidelity during his marriage to Eva Longoria, Tony Parker has reportedly filed his own divorce petition against the Desperate Housewives actress, according to TMZ.

The filing reportedly claims that the couple's marriage has become "insupportable because of discord or conflict of personalities between Petitioner and Respondent that destroys the legitimate ends of the marriage relationships and prevents any reasonable expectation of reconciliation."

Longoria filed for divorce from Parker last week, causing a media stir.

METRO

▶ Eva Longoria

▶ Christina Aguilera

Aguilera opens up

Christina Aguilera has kept pretty quiet about her separation from husband Jordan Bratman, but she opened up about it with talk-show host Chelsea Handler.

"I'm doing good. I'm doing really good. Sometimes change is good," she says.

"I'm entering a whole different chapter of my life now with the movie and my son and being a mother and the next evolution of my life.

"It's going good."

METRO

Celebrity tweets

Taylor Swift [@taylorswift13]
Just went shopping at at a Japanese dept and found the biggest journal/stationery section over!!! It was like heaven. Well, for me.

Diablo Cody [@diablocody]
I was so busy making cooler-than-thou jokes about Taylor Swift that I didn't notice my index finger buying every one of her new songs.

Talking points

Snipes heads to jail

TAX EVASION. After years of fighting his tax evasion conviction, Wesley Snipes has turned himself into authorities to begin serving his three-year prison sentence, according to TMZ.

Snipes was taken into custody over the weekend after a judge revoked his bail.

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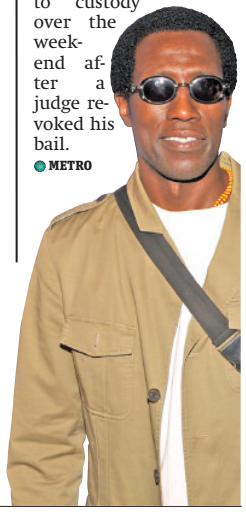

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Dermal LASER CENTRES

With her trademark humour, Sedaris' new book roasts the 1970s-era earnestness often associated with crafting Despite the book's irreverence, Sedaris hopes it will inspire readers to remember the crafts they once loved

AP PHOTO/GRAND CENTRAL PUBLISHING

The Painted Rocks project from Simple Times

AP PHOTO/GRAND CENTRAL PUBLISHING

Stars made with marshmallows, toothpicks and glitter

AP PHOTO/GRAND CENTRAL PUBLISHING

Mexican Sugar Skulls project from Simple Times

Amy Sedaris gets crafty in Simple Times

Amy Sedaris grew up making crafts, but that doesn't mean she has to like them.

"I hate crafts," Sedaris said with an upbeat grin as she kicked off a book tour to promote Simple Times: Crafts for Poor People – the tongue-in-cheek guide she wrote with collaborator Paul Dinello.

With her trademark humour, Sedaris roasts the 1970s-era earnestness often associated with crafting, with chapters such as Crafting for Jesus, and Teenagers Have a Lot of Pain. But she also offers plenty of inventive ideas, and conveys warmth and knowledge about her subject.

Sedaris grew up making crafts in North Carolina with her family, including her brother, the humour writer David Sedaris.

"At Christmas, we would make all of our ornaments out of papier-mache and Styrofoam balls and things like that," she said. She continued to craft throughout her teens as a Girl Scout and member of Junior Achievement, selling handmade items door to door.

"The whole point of the book is that if you have a hobby, or had a hobby, get back into it."
AMY SEDARIS

Still, after a year of incessant crafting for the book, the only project she still can stand is weaving simple pot holders out of cotton loops.

"I make those when I'm on an airplane or when I'm watching TV because it prevents me from biting my fingernails," she said. "I sell them when I'm travelling."

Sedaris, a TV and movie actress perhaps best known for her Comedy Central series Strangers with Candy, is also a baker who has sold homemade cupcakes and cheese balls out of bakeries and coffee shops in New York. (She now makes them upon request.)

The idea for a crafting book grew out of her previous book, I Like You: Hospitality Under the Influence, a humorous guide to entertaining, published in 2006. It ended with a crafts section, and "I didn't have much room for it," she said. "So I had in the back of my head that maybe one day I'll do a crafts book."

After the chapters were decided on, Sedaris transformed her apartment in New York's West Village into a workshop for hundreds of projects.

Collaborators included comedian Stephen Colbert, who showed how to make a pin out of pieces of broken china found on a beach, and designer Todd Oldham, who made a tinfoil bracelet — one of Sedaris' favourite pieces in the book.

A section on "out of this world" crafts was inspired by Neil Patrick Harris, a magic aficionado and Sedaris' co-star in an upcoming movie, The Best and the Brightest. It includes an alien mask made out of a pasta box, and stars made with marshmallows and toothpicks covered with glitter.

THE ASSOCIATED PRESS

Simple Times

Sedaris spent a year coming up with quirky chapter themes, such as crafts for people with various handicaps (Handicraftible).

- Those with anger issues are encouraged to distress a wooden box with scissors, "randomly stabbing it like you would a lover who has spurned you."
- A section on nature crafts offers instructions on making a worm composting bin, as well as nature-inspired recipes for mint juleps and stuffed mushrooms.
- The book includes a chapter on crafts that can be done by the poor.

3 life

Beat the bugs

If you don't want your family to fall victim to the flu this year, it's time to take preventive measures.

1. Wash your hands frequently. Viruses and bacteria are spread by contact, and can be picked up from doorknobs and other surfaces.

2. Avoid people who have colds or the flu. At the office or school, get people who are ill to stay home.

3. Fortify your immune system with vitamin D. Known as a bone-strengthening nutrient, research shows vitamin D is also a powerful immune booster.

4. Get plenty of sleep. A tired body has a more difficult time fighting off invaders like viruses.

5. Eat colourful foods. Antioxidant-rich fruits and veggies also support immune health and are excellent sources of vitamins, minerals and fibre.

NEWS CANADA

ScanLife
Elvis' stepbrother brings God and the King to the masses.

Easy gluten-free loaf

THE CANADIAN PRESS

▶ This cranberry-almond loaf is gluten-free.

Ingredients:

- 175 ml (3/4 cup) creamy roasted almond butter, room temperature
- 30 ml (2 tbsp) olive oil
- 3 large eggs
- 50 ml (1/4 cup) arrowroot powder
- 5 ml (1 tsp) salt
- 1 ml (1/4 tsp) baking soda
- 50 ml (1/4 cup) dried apricots, chopped into 5 mm (1/4 inch) pieces
- 125 (1/2) cup dried cranberries
- 50 ml (1/4 cup) sesame seeds
- 50 ml (1/4 cup) sunflower seeds
- 50 ml (1/4 cup) pumpkin seeds
- 50 ml (1/4 cup) sliced almonds, plus 30 ml (2 tbsp) to sprinkle on top

Preparation:

1. In a large bowl, blend almond butter, olive oil and eggs with a handheld mixer until smooth.
2. In a medium bowl, combine arrowroot powder, salt and baking soda. Blend arrowroot mixture into wet ingredients until thoroughly combined. Fold in apricots, cranberries, seeds and sliced almonds.
3. Grease a 1.5-l (3 1/2-by-7 1/2-by-2 1/4-inch) loaf pan with olive oil and dust with almond flour. Pour batter into loaf pan and sprinkle remaining sliced almonds on top.
4. Bake in a 180 C (350 F) oven for 40 to 50 minutes or until a knife inserted into centre comes out clean. Let bread cool in pan for 1 hour.
5. Store in cool place until ready to serve, or wrap for a holiday bake sale. Makes one loaf.

THE CANADIAN PRESS

Avocado blueberry salad

▶ This avocado blueberry salad makes for a light lunch.

Ingredients :

- 4 small avocados
- 30 ml (2 tbsp) lime juice
- pinch salt
- 300 ml (1 1/4 cup) frozen wild blueberries
- 250 ml (1 cup) 1 per cent cottage cheese
- 5 ml (1 tsp) honey
- pinch cayenne pepper (optional)
- 250 ml (1 cup) alfalfa sprouts

Preparation:

1. Cut avocados in half and remove pits. Remove peel and slice thinly.
2. Arrange slices on a large plate. Drizzle with lime juice and sprinkle with salt.
3. In a bowl, combine blueberries, cottage cheese and honey. Add cayenne, if using. Dollop over avocado slices and top with sprouts before serving.

Opa! Chef bottles tasty new olive oil

Professional Toronto chef Christine Cushing is bringing her own variety of the Greek staple to Canada

THE CANADIAN PRESS

▶ Chef Christine Cushing has created her own olive oil.

In Greece, where Christine Cushing was born, residents consume almost 25 litres of olive oil per capita annually.

In fact, people use twice that of any other Mediterranean country.

Cushing, a professional chef from Toronto who became well known for her cooking shows on Food Network Canada, is bringing her own variety of Greek olive oil to Canada.

An ardent fan of using olive oils in her cooking as an essential ingredient, she now has two varieties in Canadian stores.

The original, labelled Bold, is produced in Crete. It has a peppery finish and is the perfect dressing oil for arugula, Belgian endive and flavour-forward vegetables, she says.

"And although my mother is from Crete, I had never been there," she says. "I was blown away by the smells of dried oregano and wild thyme that permeates everywhere."

Cushing's most recent oil import, an organic oil named Vibrant, is from the coastal Peloponnese region of Mani on the mainland.

"It is medium-bodied, forwardly fruity, round with grassy and floral notes," she explains.

It is perfect as a dressing for subtle lettuces and vegetables, drizzled over pasta, used in homemade mayonnaise, in dessert preparations including cookies and as a finishing oil for mild white fish.

Although both products are made from Koroneiki olives, they are distinctly different as they express the flavours of their respective terroirs.

They are being produced by a friend in Greece who is an olive oil maker.

"He and his family make super high-end oils and helped me source them," she says.

Cushing says that there is a lot of misinformation about extra-virgin olive oil in North America.

"Unlike Europe, there is no regulation to govern the quality of olive oil. There, in order to call something extra-virgin, it can have no more than one per cent acidity."

Cushing is concerned that Canadian consumers are perplexed "because they don't know what a great oil should taste like and what it should cost."

THE CANADIAN PRESS

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GETTING RID OF THOSE OLD LIGHTS

Question: I'm considering switching to LED holiday lights to decorate my house this year. If I decide to switch, what do I do with the old tangled string of lights?
Chris of Vancouver

Making the switch to more energy-efficient LED (light-emitting diode) holiday lights is an excellent tradition to establish this year.

LEDs use 90 per cent less energy, last 10 times longer, and are more durable because they don't have filaments or glass bulbs like traditional lights.

Where they don't differ much is in the price.

You might also want to purchase a timer to save even more money on your utility bill.

As for recycling that old string of lights, you have a few options.

Most regional recycling facilities can help.

Find out what you can recycle in your area by contacting the BC Recycling Council at 1-800-667-4321.

In 2009, for example, BC Hydro set up an incandescent light-string recycling program in the Lower Mainland during the Bright Nights in Stanley Park seasonal event.

No matter where you live, you can visit the website of your utility provider to see if it is hosting a similar local event.

Various retailers, such as Home Depot, have also hosted holiday light exchanges in the past. Find out if your local hardware store is collecting old strings.

Some stores will even reward your recycling and energy-saving efforts by offering discounts on LED options.

Holiday LEDs is an e-commerce company that offers a program to recycle your lights. It's free, but you will have to pay to ship the lights to Michigan.

Consider getting together with friends or family and put together one parcel. In 2009/2010

Holiday LEDs recycled about 4,500 kilograms of old lights.

Find the company online at HolidayLEDs.com or visit its Facebook page.

David Suzuki Foundation

For more information visit http://www.metronews.ca/toronto/life/green

LEADING THE FIGHT AGAINST VIOLENCE

The gunshot exploded through the night air, smashing the glass of the sandwich shop and shattering the spine of Louise Russo. She had stopped to get her daughter a late-night snack and now she was lying on the floor bleeding and unable to move.

Months of surgery and therapy followed. She was alive but facing a new world filled with wheelchairs, health issues, a devastated family and the continued care of a special needs child.

Through the dark days of her despair came a moment of inspiration. "I wanted to turn a horrible tragedy into something positive."

Russo was injured by an underworld hit gone wrong. Since children and youth were her passion, she decided to reach out to communities torn apart by violent crime.

Since 2006 she has hosted two public walks against violence, talked to over 30,000 students in schools, and created the Louise Russo Youth and Leadership Awards. Her message is clear. "Young people need to believe in themselves and realize their voices do count."

PHOTO CREDIT: LUCAS OLENIUK-TORONTO STAR

▶ Louise Russo has become the face and force of an anti-violence movement in Canada.

The gentle, shy and unassuming Louise Russo has become the face and force of an anti-violence movement in Canada. Now it's time to help and lend your voice to the cause.

Applications are being accepted from across Canada for the 2011 Youth and Leadership Awards. They're looking for young people between the ages of nine and 19 who have shown leadership to reduce violence in their communities.

Do you know someone? Is it you? Take a stand against violence with Louise Russo and make it a turning point for you and your community.

Youth gun violence rising

- Since 2002, youth accused of a gun-related offence has risen 32 per cent.
- Highest rates of overall gun violence in Canada is Vancouver, Winnipeg and Toronto.
- Youth gun violence is highest in Toronto and Saskatoon.

SOURCE: STATS CAN

Exceptional youth

The Louise Russo Youth and Leadership Awards are open to nine- to 19-year-olds who:

1. Demonstrate respect for others and responsibility to their schools and community.
2. Have been involved in leading a project that made a change in their community or school.
3. Have inspired others to continue with a good works initiative.

Applications can be downloaded from the Louise Russo W.A.V.E. (Working Against Violence Everyday) website: louiserussowave.ca.

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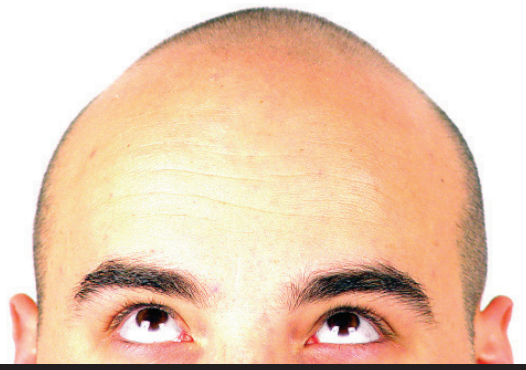
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vcc.ca/events
Vancouver Community College

Don't leave yourself exposed

Facebook, Myspace, and Twitter can be a great way to stay in touch.

However, if you have an open profile on any social networking site, it's a good idea to go into the privacy settings and mark it "closed" so only the friends on your list can see the details of your profile.

The privacy settings give you lots of options — you can even limit what different friends see. For example, you can adjust the settings so only close friends can see everything.

Some websites will even allow you to change the setting on a single picture or photo album that you may not want to share with everyone on your friends' list.

Another good idea is making sure your password is strong. Using eight characters or more is recommended.

NEWS CANADA

Sure, posting vacation snapshots or humorous status updates may seem like a good idea, but it could also backfire on you personally and professionally

Online mistakes can lead to real-world consequences

ISTOCK

When it comes to social networking sites, think before you post to avoid headaches later.

Do you know who your online friends are?

Did you know you can be fired from your job for an inappropriate Facebook status, a questionable Myspace photo or a controversial Tweet?

You may think it can't happen, but it can, and it does. And there are worse repercussions than being fired, too.

That's why it's important to watch what you post online.

Your real-life reputation is based on your interactions and the way you compose yourself in real-world, face-to-face circumstances. Just as you have a real-world reputation, you also have an online reputation.

It's easy to think that because of the disconnected nature of the Internet, the things you post online won't harm your real-world reputation. Unfortunately, this is not the case.

Just because you are posting from the comfort of a computer screen doesn't mean the post is not associated with you.

Even if your privacy settings are set so that only your friends can see what you are posting, word can travel fast.

Someone can always see a questionable post from you and report it to a boss, parent, teacher, spouse or friend.

Before you post anything online — be it a picture, status update, comment or wall post — make sure it's something you are comfortable being associated with. If there is a picture or comment you're unsure about, don't post it.

If you are feeling angry or emotional, you probably shouldn't post it. If there is a picture of you engaging in an inappropriate activity, definitely don't post it.

Make sure that the person you reflect online is the person you want to reflect in the real world.

NEWS CANADA

Online privacy

- Stoddart encourages parents to take the time to talk to their kids about privacy and the value of their personal information.
- Privacy is a fundamental right in our society, and personal information should only be collected with your permission.
- Visit youthprivacy.ca for more information.

Listen to your online instincts

While social networking sites such as Facebook and Twitter can be great tools, it's important to remember they're public and permanent. That's why it's important to make sure you know the people you are adding as "friends."

When online, it's difficult to be 100 per cent sure of people's true identities. If online friends have little or no real-world connection, always use caution. The more real-world connections with an online friend, the more confident you can be in sharing information with that person.

While you can be confident in sharing your vacation photos online with your real-life best friend, you might want to think twice about sending those photos to the friend you met through another friend while chatting online. NEWS CANADA

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Securing a better future for your kids

- Education can lead to a brighter future, but paying for it can be costly
- The government can help families start an education savings plan

Did you know that even parents with little or no income can get money from the government to start a post-secondary education savings plan for their child?

Here are four very important things you should know about starting a Registered Education Savings Plan (RESP).

The earlier you start saving, the more affordable an education becomes.

Even a few pennies a day can help create a promising future for your child through the CESG — Canada Education Savings Grant. The federal government has money available for all families. The earlier you start putting money into an RESP, the faster that money will grow.

▶ A few pennies today can add up in the future.

Even families with modest incomes can start an RESP.

Anyone in Canada can open an RESP for a child regardless of their income. The government could give you between two and four dollars for every $10 you save in the form of a Canada Education Savings Grant.

Your child could also receive the $500 Canada Learning Bond.

If you receive the National Child Benefit Supplement and your child was born after Dec. 31, 2003, the $500 Canada Learning Bond will be deposited into your child's RESP. The government will give an additional $100 each year — up to age 15 — as long as your family continues to receive the supplement.

How to choose your RESP.

Be sure to ask your bank or financial institution if they offer the Canada Learning Bond and Canada Education Savings Grant. They can inform you on how to set up an RESP and any service fees and conditions. Shop around and compare the costs and types of RESPs to find the plan that best suits your needs.

You can get more information about RESPs and a list of questions to ask your bank or financial organization at CanLearn.ca.

NEWS CANADA

ISTOCK IMAGES

▶ There are a number of ways to help pay for your degree.

Lessening your financial worries

Working while in school may be a reality for many post-secondary students. According to an RBC poll, 57 per cent of students plan to support themselves by working during the school year. Furthermore, one quarter of these students say that 75 per cent of their summer earnings will go toward the cost of school.

"Scholarships are a great way to receive some well earned money to help you meet your goals and to allow you to attend the university or college you've always dreamed of," said Patricia Domingo, an investment planner at RBC.

It's important that students are aware of the sources of funding available to them, including:

Scholarships

There are hundreds of scholarships available to students to help pay for school. Research and determine what scholarships you are qualified for and best fit your needs.

Government grants and loans

The federal government student loans and grants are available to students of all different backgrounds and come in a variety of denominations.

Bursaries

Bursaries are available for all students that display financial need. NEWS CANADA

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Former friend haunts Canucks

Ex-Canuck Pyatt scores twice as Phoenix edges Vancouver

RICH LAM/GETTY IMAGES

▶ Canucks goalie Roberto Luongo loses sight of the puck after a shot by Ray Whitney of the Coyotes hit the post last night.

3	2
COYOTES	CANUCKS

Taylor Pyatt scored two goals against his former team, including the winner, as the Phoenix Coyotes beat the Vancouver Canucks 3-2 last night.

The Coyotes (10-5-5) posted their sixth straight win while the Canucks (10-7-3) are now winless in four.

Pyatt's goals were only his second and third of the season. He had not scored since the Coyotes' season opener Oct. 9 against Boston — a span of 20 games. He was released by the Canucks following the 2008-09 season, shortly after his fiancée was killed in a car crash in Jamaica.

Scottie Upshall also scored for the Coyotes. Christian Ehrhoff and Tanner Glass replied for Vancouver.

Pyatt's second goal at 5:52 of the third period put the Coyotes ahead 3-2 as Keith Yandle's shot appeared to go in off him. Coyotes forward Lee Stempniak whacked the shaft of Vancouver goalie Roberto Luongo's stick, preventing him from making the save.

Phoenix was blanked on three power plays, but the disciplined Coyotes were never short-handed.

The Canucks outshot the Coyotes 28-27. Following a scoreless first period, the score was tied 2-2 after 40 minutes.

Luongo, who was booed during Saturday's humiliating 7-1 loss to Chicago, made two key saves to keep the first period scoreless.

After being knocked over, Luongo recovered to stop a Sami Lepisto howitzer. Later, he got his stick paddle down to foil Martin Hanzal as he tried to tap in Ray Whitney's rebound off the far post from a wide angle.

Upshall opened the scoring 2:22 into the second period as he deflected Nolan Yonkman's shot and then put in the rebound.

THE CANADIAN PRESS

Riders earn another shot at the Cup

20	16
RIDERS	STAMPS

The Saskatchewan Roughriders are going back to the Grey Cup with an opportunity to exorcise the ghosts of last year's debacle in the CFL championship game.

The Roughriders downed the Calgary Stampeders 20-16 in a frigid West final yesterday at McMahon Stadium. They earned a rematch with the Alouettes, who beat them 28-27 last year.

Saskatchewan and Montreal meet next Sunday in Edmonton for the CFL's championship trophy.

Chris Getzlaf, Cary Koch and Wes Cates scored touchdowns for the Roughriders yesterday.

Arjei Franklin scored Calgary's lone TD with Rob Maver kicking two field goals and Burke Dales adding three single points.

Light snow falling and a windchill of -24 C at kickoff greeted an announced sellout crowd of 35,260 at McMahon. A light dusting of snow on the turf made footing for players treacherous, particularly for the kick returners.

Conditions further deteriorated during the game as the temperature nosedived and snow began falling again in the third quarter.

Calgary had the best offence in the CFL this season but didn't get on track yesterday. Quarterback Henry Burris completed 19 of 28 passes for 225 yards. He threw one touchdown and one interception.

Saskatchewan counterpart Darian Durant didn't have strong numbers going 20-for-36, but he threw one more touchdown pass than Burris and was also intercepted once.

Getzlaf, a Regina native, led all receivers with eight catches for 109 yards.

THE CANADIAN PRESS

Als hammer Argos to take East title

48	17
MONTREAL	TORONTO

Avon Cobourne led the Montreal charge with a touchdown and a dominant rushing and receiving performance as the Alouettes rolled to a 48-17 victory over the Toronto Argonauts in the CFL East Division final yesterday afternoon.

Jamel Richardson, with two long TD grabs, and Adrian McPherson also scored, Tim Maypray got one on a punt return, and Jerald Brown got another on an interception return before 58,021 at Olympic Stadium.

Damon Duval added two field goals for Montreal, which advanced to the Grey Cup game for a third year in a row and an eighth time since 2000. They will face the Roughriders next Sunday in Edmonton.

THE CANADIAN PRESS

RYAN REMIORZ/THE CANADIAN PRESS

▶ Avon Cobourne

4 sports

1 Titans QB Vince Young has a torn flexor tendon in his right thumb and may need season-ending surgery.

2 Jimmie Johnson won his record fifth straight Sprint Cup title.

3 A person with knowledge of the situation says the New York Mets have hired Terry Collins as their manager.

THE ASSOCIATED PRESS

Scan code for more sports

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	21	14	5	1	1	74	59	30	10-1-0-1	4-4-1-0	7-1-1-1	L2
d-Philadelphia	21	13	6	2	0	75	53	28	8-4-0-0	5-2-2-0	7-2-1-0	W1
d-Montreal	20	13	6	1	0	51	39	27	7-4-1-0	6-2-0-0	6-4-0-0	W1
Boston	18	11	5	0	2	54	35	24	4-4-0-2	7-1-0-0	5-3-0-2	L1
Tampa Bay	20	11	7	2	0	62	64	24	4-2-1-0	7-5-1-0	4-5-1-0	W3
Pittsburgh	21	11	8	2	0	66	57	24	5-5-1-0	6-3-1-0	6-3-1-0	W2
NY Rangers	21	11	9	1	0	63	59	23	4-6-1-0	7-3-0-0	5-5-0-0	W1
Atlanta	21	9	9	1	2	68	73	21	5-5-0-1	4-4-1-1	4-5-0-1	W2
Carolina	20	9	9	0	2	63	68	20	5-3-0-1	4-6-0-1	4-4-0-2	L2
Ottawa	20	9	10	1	0	49	65	19	5-4-0-0	4-6-1-0	5-5-0-0	L3
Buffalo	22	8	11	3	0	58	68	19	3-7-1-0	5-4-1-0	5-4-1-0	L1
Florida	18	9	9	0	0	50	45	18	5-2-0-0	4-7-0-0	6-4-0-0	W1
Toronto	19	7	9	1	2	43	54	17	5-4-1-1	2-5-0-1	2-6-0-2	L1
New Jersey	20	5	13	1	1	36	65	12	1-5-1-1	4-8-0-0	3-6-0-1	L3
NY Islanders	20	4	12	2	2	44	71	12	2-4-0-1	2-8-2-1	0-8-1-1	L13

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	18	13	3	1	1	66	48	28	9-1-1-1	4-2-0-0	8-1-1-0	W1
d-Los Angeles	19	13	6	0	0	59	46	26	8-1-0-0	5-5-0-0	7-3-0-0	W1
d-Colorado	20	12	7	1	0	72	60	25	6-4-0-0	5-4-1-0	7-3-0-0	W4
St. Louis	19	11	5	1	2	52	51	25	8-0-0-1	3-5-1-1	6-3-0-1	W2
Phoenix	20	10	5	4	1	57	59	25	4-2-2-1	6-3-2-0	7-1-1-1	W6
Columbus	18	12	6	0	0	53	44	24	5-5-0-0	7-1-0-0	7-3-0-0	W3
Chicago	23	11	10	1	1	71	67	24	5-7-0-0	6-3-1-1	4-5-0-1	W1
Vancouver	20	10	7	1	2	58	56	23	6-2-0-1	4-5-1-1	5-4-1-0	L4
Anaheim	23	10	10	2	1	57	69	23	7-3-0-1	3-7-2-0	5-3-2-0	L5
Minnesota	19	10	7	0	2	46	47	22	6-4-0-1	4-3-0-1	5-5-0-0	L1
San Jose	19	9	6	4	0	55	52	22	6-3-2-0	3-3-2-0	4-3-3-0	L3
Dallas	18	10	7	0	1	56	53	21	7-3-0-1	3-4-0-0	5-4-0-1	L1
Nashville	18	9	6	3	0	47	49	21	3-1-3-0	6-5-0-0	4-6-0-0	W2
Calgary	19	8	10	1	0	58	59	17	5-5-0-0	3-5-1-0	2-7-1-0	L1
Edmonton	19	5	10	1	3	49	77	14	2-5-0-1	3-5-1-2	2-6-1-1	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results
Atlanta 2 N.Y. Islanders 1 (OT)
Detroit 5 Calgary 4 (OT)
Edmonton 4 Anaheim 2
Phoenix 3 Vancouver 2
Saturday's results
Montreal 2 Toronto 0
Chicago 7 Vancouver 1
Colorado 4 Dallas 3 (SO)
Columbus 3 San Jose 0
Nashville 2 Carolina 1 (SO)
Florida 4 N.Y. Islanders 1
Los Angeles 4 Boston 3 (SO)
N.Y. Rangers 5 Minnesota 2
Philadelphia 5 Washington 4 (SO)
St. Louis 3 New Jersey 2
Tampa Bay 2 Buffalo 1
Tonight's games
(All times Eastern)
Dallas at Toronto, 7 p.m.
Washington at New Jersey, 7 p.m.
Calgary at N.Y. Rangers, 7 p.m.
Montreal at Philadelphia, 7 p.m.
Nashville at Columbus, 7 p.m.
Los Angeles at Ottawa, 7:30 p.m.
Boston at Tampa Bay, 7:30 p.m.
Pittsburgh at Florida, 7:30 p.m.
Tomorrow's game
Edmonton at Phoenix, 9 p.m.

RED WINGS 5, FLAMES 4 (OT)

First Period
1. Detroit, Franzen 9 (Rafalski, Lidstrom) 1:56 (pp)
2. Calgary, Hagman 6 (Iginla) 5:21
Penalties — Regehr Cal (interference) 0:55, Jackman Cal (boarding) 7:07, Giordano Cal (holding) 10:38, Hagman Cal (holding) 17:38.
Second Period
3. Calgary, Iginla 7 (Stajan) 0:54
4. Calgary, Iginla 8 (Tanguay) 4:09 (pp)
Penalties — Bertuzzi Det (holding) 3:26, Backlund Cal, Abdelkader Det (roughing) 19:48.
Third Period
5. Detroit, Datsyuk 7 (Lidstrom, Rafalski) 2:28 (pp)
6. Calgary, Tanguay 6, 7:14
7. Detroit, Zetterberg 6 (Datsyuk, N.Kronwall) 11:04
8. Detroit, Zetterberg 7 (Datsyuk, Rafalski) 19:56 (pp)
Penalties — Sarich Cal (hooking) 1:53, Bertuzzi Det (interference, unsportsmanlike conduct) 8:02, Hagman Cal (slashing) 9:28, Stajan Cal (holding) 15:29, Iginla Cal, Abdelkader Det (unsportsmanlike conduct), Bouwmeester Cal (interference) 18:04.
Overtime
9. Detroit, Lidstrom 3 (Helm, Bertuzzi) 1:38
Penalties — None.
Shots

Calgary	6	13	8	0—27
Detroit	9	11	14	4—38

Goal — Calgary: Kiprusoff (L,7-9-1); Detroit: Howard (W,11-1-2). **Power plays (goals-chances)** — Calgary: 1-3; Detroit: 3-7.
Att. — 19,636 (20,066) at Detroit.

OILERS 4, DUCKS 2

First Period
No Scoring.
Penalties — Brule Edm (slashing) 5:14, Voros Ana (roughing) 14:18, Edmonton bench (too many men; served by Paajarvi) 17:06.
Second Period
1. Edmonton, Gagner 5 (Hemsky, Penner) 6:48
2. Edmonton, Hall 4 (Whitney, Horcoff) 8:29
3. Anaheim, Ryan 9 (Fowler, Visnovsky) 16:33 (pp)
4. Anaheim, Koivu 9 (Sexton, Blake) 16:55
Penalties — Foster Edm (holding) 2:00, Fowler Ana (tripping) 3:30, Whitney Edm (holding) 13:56, Peckham Edm (delay of game) 16:25.
Third Period
5. Edmonton, Hemsky 6 (Penner, Gilbert) 13:29
6. Edmonton, Gilbert 3, 19:43 (en)
Penalty — Sutton Ana (holding) 10:15.
Shots

Edmonton	4	14	7	25
Anaheim	19	13	8	40

Goal — Edmonton: Dubnyk (W,1-0-3); Anaheim: Hiller (L,8-8-2).
Power plays (goals-chances) — Edmonton: 0-3; Anaheim: 1-5.
Referees — Mike Leggo, Stephen Walkom.
Linesmen — Brad Kovachik, Jean Morin.
Attendance — 14,267 (17,174).

COYOTES 3, CANUCKS 2

First Period
No Scoring.
Penalties — Hansen Vcr (hooking) 11:39, Rome Vcr (holding) 15:09.
Second Period
1. Phoenix, Upshall 5 (Yonkman) 2:22
2. Phoenix, Pyatt 2 (Schlemko) 6:07
3. Vancouver, Ehrhoff 3 (Raymond, Burrows) 8:51
4. Vancouver, Glass 2 (Schaefer, Alberts) 14:13
Penalties — None.
Third Period
5. Phoenix, Pyatt 3 (Yandle, Stempniak) 5:52
Penalty — Kesler Vcr (slashing) 0:35.
Shots

Phoenix	8	7	12	27
Vancouver	10	10	8	28

Goal — Phoenix: Bryzgalov (W,9-2-5); Vancouver: Luongo (L,7-7-2). **Power plays (goals-chances)** — Phoenix: 0-3; Vancouver: 0-0.
Att. — 18,860 (18,810) at Vancouver.

SCORING LEADERS

	G	A	PT
Stamkos, TB	19	16	35
Crosby, Pgh	14	19	33
St. Louis, TB	8	19	27
Semin, Wash	14	12	26
Ovechkin, Wash	10	16	26
D.Sedin, Vcr	12	12	24
C.Stewart, Col	11	13	24
B.Richards, Dal	9	15	24
H.Sedin, Vcr	2	22	24
Giroux, Pha	11	12	23
Perry, Ana	10	13	23
Roy, Buf	9	14	23
E.Staal, Car	9	14	23
M.Richards, Pha	8	15	23
Sharp, Chi	12	10	22
P.Kane, Chi	8	14	22
Selanne, Ana	8	14	22
Backstrom, Wash	7	15	22
Hejduk, Col	7	15	22
Eriksson, Dal	9	12	21
J.Williams, LA	9	12	21
Getzlaf, Ana	7	14	21
P.Stastny, Col	8	12	20
Malkin, Pgh	7	13	20
Plekanec, Mtl	7	13	20
Liles, Col	3	17	20

Not including last night's games

CFL

PLAYOFFS

WEEK 21
Yesterday's results
Division Finals
East Division
Montreal 48 Toronto 17
West Division
Saskatchewan 20 Calgary 16
WEEK 22
Sunday, Nov. 28
98th Grey Cup
At Edmonton
Montreal vs. Saskatchewan, 6:30 p.m

TRANSACTIONS

HOCKEY

NHL

MINNESOTA WILD—Reassigned D Marco Scandella to Houston (AHL).
PHILADELPHIA FLYERS—Acquired F Rob Bordson and D Danny Syvret from Anaheim for F Patrick Maroon and F David Laliberte.
TAMPA BAY LIGHTNING—Reassigned F Johan Harju and D Mike Vernace to Norfolk (AHL).

ECHL

ELMIRA JACKALS—Announced F Ryan Hiller has been recalled by Syracuse (AHL).
READING ROYALS—Announced F Mikhail Stefanovich has been assigned to the team from Toronto (AHL).

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
Boston	9	4	.692	—
New York	6	8	.429	3½
Toronto	5	9	.357	4½
New Jersey	4	9	.308	5
Philadelphia	3	10	.231	6

SOUTHEAST DIVISION

	W	L	Pct	GB
Orlando	9	3	.750	—
Atlanta	8	5	.615	1½
Miami	8	5	.615	1½
Charlotte	5	8	.385	4½
Washington	4	8	.333	5

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	7	4	.636	—
Indiana	5	6	.455	2
Cleveland	5	7	.417	2½
Detroit	5	8	.385	3
Milwaukee	5	8	.385	3

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
New Orleans	11	1	.917	—
San Antonio	11	1	.917	—
Dallas	8	4	.667	3
Memphis	5	9	.357	7
Houston	3	9	.250	8

NORTHWEST DIVISION

	W	L	Pct	GB
Oklahoma City	9	4	.692	—
Utah	9	5	.643	½
Portland	8	6	.571	1½
Denver	7	6	.538	2
Minnesota	4	10	.286	5½

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	12	2	.857	—
Golden State	7	6	.538	4½
Phoenix	6	7	.462	5½
Sacramento	4	8	.333	7
L.A. Clippers	1	13	.071	11

Yesterday's results
Toronto 102 Boston 101
New Orleans 75 Sacramento 71
Detroit 115 Washington 110 (OT)
L.A. Lakers 117 Golden State 89
Saturday's results
Charlotte 123 Phoenix 105
Orlando 90 Indiana 86
Memphis 97 Miami 95
Dallas 98 Atlanta 93
Oklahoma City 82 Milwaukee 81
San Antonio 116 Cleveland 92
Denver 107 New Jersey 103
Utah 103 Portland 94
New York 124 L.A. Clippers 115
Tonight's games
(All times Eastern)
Boston at Atlanta, 7 p.m.
Indiana at Miami, 7:30 p.m.
Minnesota at Oklahoma City, 8 p.m.
Phoenix at Houston, 8:30 p.m.
Orlando at San Antonio, 8:30 p.m.
Sacramento at Utah, 9 p.m.
Denver at Golden State, 10:30 p.m.
New Orleans at L.A. Clippers, 10:30 p.m.

RAPTORS 102, CELTICS 101

BOSTON (101)
Pierce 5-10 9-13 19, Garnett 6-12 0-0 12, S.O'Neal 2-8 4-4 8, Robinson 8-14 3-4 22, Allen 6-14 5-7 19, G.Davis 3-6 6-8 12, Erden 0-1 0-0 0, West 2-2 1-2 5, Daniels 2-4 0-0 4. Totals 34-71 28-38 101.
TORONTO (102)
Weems 8-20 0-0 16, Evans 3-5 3-5 9, Bargnani 9-20 9-13 29, Calderon 4-10 2-3 11, DeRozan 2-8 2-3 6, Johnson 4-5 9-9 17, Kleiza 1-2 0-0 2, Barbosa 3-6 5-6 12. Totals 34-76 30-39 102.

Boston	31	27	17	26	101
Toronto	23	38	21	20	102

3-Point Goals—Boston 5-13 (Robinson 3-6, Allen 2-5, Pierce 0-2), Toronto 4-15 (Bargnani 2-6, Calderon 1-2, Barbosa 1-3, Weems 0-4). Fouled Out—S.O'Neal. Rebounds—Boston 47 (Allen, Garnett 8), Toronto 51 (Evans 16). Assists—Boston 17 (Pierce 5), Toronto 16 (Barbosa 5). Total Fouls—Boston 28, Toronto 27. Technicals—Boston defensive three second, Calderon, Evans, Toronto defensive three second. A—17,707 (19,800) at Toronto.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	11	101	88	308	28.0
Ellis, GOL	12	127	61	332	27.7
Bryant, LAL	13	113	94	339	26.1
Rose, CHI	11	109	45	277	25.2
Nowitzki, DAL	12	112	64	293	24.4
Anthony, DEN	13	117	73	317	24.4
Martin, HOU	12	80	100	285	23.8
Westbrook, OKC	13	95	111	305	23.5
James, MIA	13	102	88	304	23.4
Gordon, LAC	12	93	83	280	23.3
Stoudemire, NYK	14	119	81	324	23.1
Wade, MIA	12	91	82	275	22.9

Not including last night's games

SOCCER

MLS PLAYOFFS

THIRD ROUND

Championship
MLS Cup
At Toronto
Last night's result
Colorado 2 FC Dallas 1 (extra time)

ENGLAND

PREMIER LEAGUE

Team	GP	W	D	L	GF	GA	Pts
Chelsea	14	9	1	4	28	9	28
Man United	14	7	7	0	28	15	28
Arsenal	14	8	2	4	28	15	26
Man City	14	7	4	3	19	11	25
Bolton	14	5	7	2	26	20	22
Tottenham	14	6	4	4	21	19	22
Sunderland	13	4	7	2	15	13	19
Stoke	14	6	1	7	18	18	19
Liverpool	14	5	4	5	16	17	19
Newcastle	14	5	3	6	22	21	18
Blackburn	14	5	3	6	17	18	18
Blackpool	14	5	3	6	21	27	18
Aston Villa	14	4	5	5	15	20	17
Birmingham	14	3	7	4	15	17	16
West Brom	14	4	4	6	16	25	16
Everton	13	3	6	4	14	13	15
Fulham	14	2	8	4	14	17	14
Wigan	14	3	5	6	10	23	14
Wolverhampton	14	2	3	9	14	25	9
West Ham	14	1	6	7	11	25	9

Yesterday's results
Blackburn 2 Aston Villa 0
Fulham 1 Manchester City 4

GERMANY

BUNDESLIGA

Yesterday's results
Stuttgart 0 Cologne 1
St. Pauli 1 Wolfsburg 1

SPAIN

LA LIGA

Yesterday's results
Osasuna 1 Sporting Gijon 0
Espanyol 3 Hercules 0
Levante 3 Racing Santander 1
Deportivo La Coruna 3 Malaga 0
Sevilla 2 Mallorca 1
Real Sociedad 2 Atletico Madrid 4

ITALY

SERIE A

Yesterday's results
Genoa 0 Juventus 2
Brescia 1 Cagliari 2
Catania 1 Bari 0
Cesena 1 Palermo 2
Chievo Verona 2 Inter Milan 1
Lecce 2 Sampdoria 3
Parma 1 Lazio 1
Napoli 4 Bologna 1

FRANCE

LIGUE 1

Yesterday's results
Arles-Avignon 2 Bordeaux 4
Lille 2 Monaco 1
Lens 1 Lyon 3

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	8	2	0	.800	238	177
New England	8	2	0	.800	289	242
Miami	5	5	0	.500	172	208
Buffalo	2	8	0	.200	213	276

SOUTH

	W	L	T	Pct	PF	PA
Jacksonville	6	4	0	.600	220	270
Indianapolis	6	4	0	.600	268	216
Tennessee	5	5	0	.500	257	198
Houston	4	6	0	.400	244	287

NORTH

	W	L	T	Pct	PF	PA
Baltimore	7	3	0	.700	233	178
Pittsburgh	7	3	0	.700	235	165
Cleveland	3	7	0	.300	192	206
Cincinnati	2	8	0	.200	215	262

WEST

	W	L	T	Pct	PF	PA
Kansas City	6	4	0	.600	243	207
Oakland	5	5	0	.500	238	223
San Diego	4	5	0	.444	239	197
Denver	3	6	0	.333	203	252

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Philadelphia	7	3	0	.700	284	226
N.Y. Giants	6	4	0	.600	253	220
Washington	5	5	0	.500	202	245
Dallas	3	7	0	.300	229	271

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	8	2	0	.800	256	192
New Orleans	7	3	0	.700	235	170
Tampa Bay	7	3	0	.700	209	206
Carolina	1	9	0	.100	117	252

NORTH

	W	L	T	Pct	PF	PA
Chicago	7	3	0	.700	191	146
Green Bay	7	3	0	.700	252	146
Minnesota	3	7	0	.300	172	226
Detroit	2	8	0	.200	234	237

WEST

	W	L	T	Pct	PF	PA
Seattle	5	5	0	.500	185	233
St. Louis	4	6	0	.400	177	198
San Francisco	3	7	0	.300	160	219
Arizona	3	7	0	.300	188	292

WEEK 11

Yesterday's results
Atlanta 34 St. Louis 17
Baltimore 37 Carolina 13
Buffalo 49 Cincinnati 31
Dallas 35 Detroit 19
Green Bay 31 Minnesota 3
Jacksonville 24 Cleveland 20
Kansas City 31 Arizona 13
New England 31 Indianapolis 28
New Orleans 34 Seattle 19
N.Y. Jets 30 Houston 27
Pittsburgh 35 Oakland 3
Tampa Bay 21 San Francisco 0
Washington 19 Tennessee 16 (OT)
Philadelphia 27 N.Y. Giants 17
Thursday's result
Chicago 16 Miami 0
Tonight's games
(All times Eastern)
Denver at San Diego, 8:30 p.m.

WEEK 12

Thursday, Nov. 25
New England at Detroit, 12:30 p.m.
New Orleans at Dallas, 4:15 p.m.
Cincinnati at N.Y. Jets, 8:20 p.m.
Sunday, Nov. 28
Green Bay at Atlanta, 1 p.m.
Tennessee at Houston, 1 p.m.
Minnesota at Washington, 1 p.m.
Pittsburgh at Buffalo, 1 p.m.
Carolina at Cleveland, 1 p.m.
Jacksonville at N.Y. Giants, 1 p.m.
Kansas City at Seattle, 4:05 p.m.
Miami at Oakland, 4:05 p.m.
Philadelphia at Chicago, 4:15 p.m.
St. Louis at Denver, 4:15 p.m.
Tampa Bay at Baltimore, 4:15 p.m.
San Diego at Indianapolis, 8:20 p.m.
Monday, Nov. 29
San Francisco at Arizona, 8:30 p.m.

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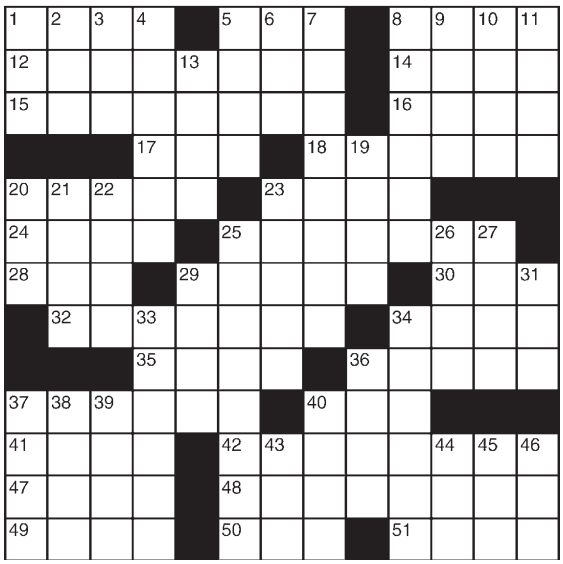
Crossword



Across

1 Initial stake
5 Mandible
8 Jog
12 Take extra precautions
14 Inauguration recitation
15 Used by all
16 "Do — others ..."
17 Tokyo's old name
18 Abductor
20 Thread recommended by dentists
23 Dullard
24 Allergic reaction
25 Remark
28 Lubricant
29 Fugard's "A Lesson From —"
30 Aah's partner
32 Order
34 FDR is pictured on it
35 Roof overhang
36 Bowler hat
37 Graduates
40 Conger, for one
41 "The Bible Tells —"
42 Subway passenger, often
47 State with certainty
48 Citric quencher
49 Neat
50 Historic time
51 Business VIP

Down

1 Joan of —
2 Ultramodern (Pref.)
3 "Tiny" Dickens lad
4 Become interwoven
5 2007 Ellen Page movie
6 Altar constellation
7 Greeted
8 Hairpiece
9 Carry on
10 "Beetle Bailey" dog
11 Norse thunder god
13 Lather
19 Venus de Milo's lack
20 To and —
21 Secular
22 Scandinavian city
23 Frontiersman Daniel
25 Collarbone
26 Black (Fr.)
27 Mausoleum
29 "— for All Seasons"
31 Attention getter
33 "Cats" showstopper
34 "Clair —"
36 Showroom sample
37 He loves (Lat.)
38 Jeans pioneer Strauss
39 Secondhand
40 Actress Thompson
43 "— the ramparts ..."
44 April 15 payment
45 Netherlands city
46 Fun and games

▶ Yesterday's answer

D	E	C		S	O	F	A		A	R	T	S
O	V	A		T	A	I	L		L	U	R	E
C	A	N	B	E	R	R	A		K	N	O	W
			O	R	E	S		M	A	S	T	S
U	V	E	A	L		S	A	I	L			
R	A	I	N		C	A	N	T	I	C	L	E
S	I	N		H	E	L	O	T		O	E	R
A	N	G	L	I	C	A	N		P	R	I	G
			L	E	A	D		G	E	S	S	O
N	O	M	A	D			S	A	R	I		
A	L	U	M		P	E	M	M	I	C	A	N
P	E	T	A		A	R	U	M		A	G	E
S	O	T	S		D	A	T	A		N	O	W

Sudoku

3			9		4			1
	1		2		3		6	
		6				9		
		3	6		8	5		
2								6
		1	4		7	8		
		2				3		
	4		1		6		9	
9			5		2			7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

6	9	2	3	1	4	7	8	5
7	5	4	9	6	8	1	3	2
1	3	8	7	5	2	4	6	9
2	4	1	8	9	5	3	7	6
5	7	3	6	2	1	8	9	4
8	6	9	4	7	3	5	2	1
4	1	6	2	3	7	9	5	8
3	2	5	1	8	9	6	4	7
9	8	7	5	4	6	2	1	3

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

I.puff iloveu baby I might not be the best at expressing my love towards you but babe ilu more then anythg. Muahh <3 **YOURS && ONLY YOURS BULBUL (: .**

To my lovely wife, happy second wedding anniversary. We are on our way to growing old together. **LOVE ALWAYS. PAUL.**

Hello, Diva!!! I'm so glad You came to visit Family in Hungary. You are such a nice person to be with and we love You so much. **GRANDMA AGNES**

Sadiki, I honestly did not know what love is until you came into my life. Each and every day i love you more and more. I miss you more than anything and am counting the months until we can be together forever. Love you forever and always **143 LOVE LIZ**

Today -2°/-8° Partly cloudy
Tuesday -4°/-7° Sunny
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 This is a marvelous time for travel and anything to do with expanding your horizons, both mentally and physically.

♉ Taurus April 21-May The Sun moves into the area of the heavens that governs investments and anything else that has a bearing on your material wealth today. Whatever your financial ills may be they will get better very soon.

♊ Gemini May 22-June 21 You have come in for some criticism of late and although not all of it was deserved you know that some of it was. So, have you learned from your mistakes? Of course you have – learning is what Gemini does best.

♋ Cancer June 22-July 22 The past few weeks have seen you at your most confident and dynamic but the Sun's change of signs today will bring back one or two minor doubts. But that's all they are – minor – so don't dwell on them.

♌ Leo July 23-Aug.23 You have so much confidence in yourself that there is just no way you will not be able to reach your goals. Anything is possible for you over the next four weeks.

♍ Virgo Aug. 24- Sept. 22 The Sun's entry into one of the more sensitive areas of your chart may make you a bit distrustful of people you don't know very well but don't take it to extremes.

♎ Libra Sept. 23-Oct. 23 Why are you dwelling on past mistakes when you should be thinking ahead to all the wonderful opportunities that will soon be coming to you?

♏ Scorpio Oct. 24-Nov. 22 The Sun moves out of your birth sign today and into the area of the sky that governs what you own and earn, which means it is time to turn your attention to matters of a worldly nature.

♐ Sagittarius Nov. 23-Dec. 21 A new solar year begins for you today and your first task is to decide what you intend to do with it. You must have a plan, even if it is only a vague outline of the path you hope to be taking.

♑ Capricorn Dec. 22-Jan. 20 You will be asking yourself some deep questions today, questions of the "what must I do with my life?" variety. Don't rush the answers – they will only come when the time is right.

♒ Aquarius Jan. 21-Feb. 18 You've been a bit pushy of late, and that's okay because it was the only way to get things done, but now you must take a more relaxed attitude to relationships.

♓ Pisces Feb. 19-March 20 Your voice will carry a lot more authority now that the Sun is crossing the midheaven angle of your chart. So what will you get people to do for you? SALLY BROMPTON

Caption contest

MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

WIN!

You write it!

ALIK KEPLICZ/THE ASSOCIATED PRESS

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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